

SPRING 2025 ILR NEWSLETTER

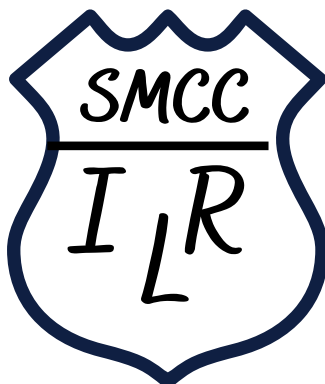
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2024-2025

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The Institute for Learning in Retirement (ILR) is a vibrant community of retirement-age members who are engaged in lifelong learning, personal fulfillment, and enjoyment through participation in a variety of courses, programs and activities. Peer learning is the heart of the ILR concept. Personal fulfillment is the primary goal.

Southwest Mississippi Community College

Institute for Learning in Retirement

1146 Horace Holmes Dr.

Summit, MS 39666

601-276-3836 or 601-276-3842

Mrs. Loran Gerald-Director

lgerald@smcc.edu

Southwest Mississippi Community College does not discriminate on the basis of race, color, national origin, age, sex, religion, or disability in its programs, activities or employment practices. The following persons have been designated to handle inquiries and grievances regarding the non-discrimination policies: Mrs. Rhonda Gibson, Director of Disability Support Services, 601-276-3885; Mr. Blake Brewer, Vice President for Student Affairs and Title IX Coordinator, 601-276-3717; SMCC, 1156 College Drive, Summit, MS 39666.

SPRING LUNCHEONS

Location: SMCC Regional Workforce Training Center ~ Conference Hall

Thursday Luncheon	January 9, 2025 Entertainment: Brenda Rollinson	12:30 p.m. - 2:00 p.m.
Thursday Luncheon	February 6, 2025 Entertainment: Tyler Bridge	12:30 p.m. - 2:00 p.m.
Thursday Luncheon	March 6, 2025 Entertainment: Treva Reid and Lil' Josephine	12:30 p.m. - 2:00 p.m.
Thursday Luncheon	April 3, 2025 Entertainment: SMCC Steel Drums	12:30 p.m. - 2:00 p.m.
Thursday Banquet	May 1, 2025 Regional Workforce Training Center Entertainment: Thomas Sanders	6:00 p.m. - 7:30p.m.



CLASS OFFERINGS

<u>CLASS</u>	<u>DESCRIPTION</u>
<u>Tomato Growing 101</u>	Learn tips and tricks to have your best tomato harvest ever this spring from Pike County Agent, Brenton Breland.
<u>AARP Smart Driver</u>	The AARP Smart Driver course is the nation's first refresher course specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. Check with your insurance provider... https://www.aarp.org/auto/driver-safety to register.
<u>Hand Embroidery</u>	Hands on fun! You will learn basic hand embroidery stitches and things you can make using those basic stitches. You will start a small beginner project with Amy Walsh, Amite County Agent.
<u>Refuse to Be a Victim</u>	This is not a firearms or self-defense class. It is a seminar that will help you improve your personal safety strategies and will provide you with valuable information that you can apply in every area of your life.
<u>Consumer Horticulture Spring Seminar Series (4 Sessions)</u>	Join us for a four-part series exploring various areas related to consumer horticulture. You'll have the opportunity to learn from industry and university experts! Door prizes will be given out at each session!
<u>Money Smart for Older Adults: Telephone and Internet Scams, Identity Theft, and Medical Identity Theft</u>	The Money Smart for Older Adults Program aims to raise awareness among older adults and their caregivers about how to prevent fraud, scams, and other forms of financial exploitation targeting elders. The program's curriculum promotes advanced planning and informed financial decision-making. Money Smart for Older Adults was developed collaboratively by the Federal Deposit Insurance Corporation (FDIC) and the Consumer Financial Protection Bureau (CFPB).
<u>Adult Beginner Swimming-Fit Life (4 Sessions)</u>	Would you like to learn to swim? It's not too late! Janice Hoaglund will teach adult beginning swimming lessons at FitLife in McComb. Participants will purchase goggles to be worn during class.

CLASS OFFERINGS

<u>CLASS</u>	<u>DESCRIPTION</u>
<u>Money Smart for Older Adults: Planning for Unexpected Life Events</u>	The Money Smart for Older Adults Program aims to raise awareness among older adults and their caregivers about how to prevent fraud, scams, and other forms of financial exploitation targeting elders. The program's curriculum promotes advanced planning and informed financial decision-making. Money Smart for Older Adults was developed collaboratively by the Federal Deposit Insurance Corporation (FDIC) and the Consumer Financial Protection Bureau (CFPB).
<u>Arranging Supermarket Flowers into a Hand-Tied Bouquet</u>	Use supermarket purchased flowers to create a stunning hand-tied bouquet. This course will be taught by Pike County Agent, Brent Breland. You will need to bring your flowers and Brent will supply the filler material and vase containers unless you have a vase you would like to use.
<u>Air Fryer Cooking</u>	Learn the “ins and outs” of choosing an air fryer, cooking times with your air fryer, food safety, and care of your air fryer.
<u>Budgeting on a Fixed Income</u>	Living on a fixed income has at least one upside: when most of your money comes from a pension, brokerage retirement accounts, or Social Security, it's easy to predict how much you'll have to work with each month. This class will offer steps on how to successfully do so.
<u>Spring Wreath Class</u>	Kelly Hart with The Flower Nook will bring all supplies needed to guide us in making a beautiful spring wreath.
<u>Beginner Course- Making Homemade Herbal Salve-from Scratch</u>	Step-by-step instructions on how to take a medicinal herb and turn it into a healing salve...from taking a living plant and turning it into a small take-home jar of balm or salve.
<u>What Part Does “Forgiveness” Play in Our Wellness Journey</u>	We will review emotional responses to hard issues/conflicts and learn the importance of forgiveness in the process of well-health.

CLASS OFFERINGS

<u>CLASS</u>	<u>DESCRIPTION</u>
<u>Computer 101</u>	Computer 101 provides individuals with little or no experience with computers a foundation to begin learning basic computer functions. This class will teach participants basic mouse and keyboard skills, the basics of Microsoft Office, and how to find basic information via search engines.
<u>Busted Canvas Art</u>	Be creative with the newest craze of busted art canvas! Hands-on easy workshop using paint and mod podge..all supplies provided.
<u>Digital School: How to Use Facebook Effectively</u>	Facebook platform provides a convenient way for older adults to stay in touch with friends and family and to share and view photos, particularly of their grandchildren. However, Facebook isn't just about sharing photos and updates – many seniors also participate in Facebook groups where they share hobbies, support causes, and discuss topics like book clubs and health tips. This class aims to teach participants the basics of using Facebook so they can better connect with their friends and families. Please plan to come 30 minutes early if you need to setup a Facebook account.
<u>Salt-Free Spice Blends</u>	You will make salt-free spice blends. Spices are a great way to add healthy flavor to your food. These spice blends pack flavor in three easy steps and can be used in four ways: as a dry rub, or combined with oil, vinegar, lemon juice, or other seasonings to make a marinade, sauce, or dressing. Hands on workshop with six recipes...
<u>Use of Aromatherapy for Wellness Purposes</u>	What is aromatherapy and how can it help me?
<u>Making Lower Sugar Jams & Jelly</u>	Learn how making low sugar or sugar-free jams and jellies is different than making jams and jellies with sugar. You will learn about proper storage and preservation.
<u>Hillary Freeman Pottery Class (5 Sessions)</u>	You will make handbuilt pottery with Hillary Freeman at her studio. Items will include pinch bowls, a slab platter, and a coil vase.

CLASS OFFERINGS REGISTRATION PAGE

<u>Place a check</u> ✓	<u>Class</u>	<u>Instructor</u>	<u>Day(s) of the Week</u>	<u>Date(s)</u>	<u>Times</u>	<u>Cost of Class</u>
	Tomato Growing 101	Brent Breland	Wednesday	January 15	1:30pm-2:30pm	N/C
	AARP Smart Driver	Annie Cassidy	Thursday	January 16	10:00am-2:00pm	\$20 AARP Members/ \$25 Non-Members
	Hand Embroidery	Amy Walsh	Wednesday	January 22	1:30pm-3:30pm	N/C
	Refuse to Be a Victim	Jayne Causey	Thursday	January 23	1:30pm-3:30pm	\$10
	Consumer Horticulture Spring Seminar Series	Brent Breland	Tuesdays	Jan 28, Feb 4, 11, 18	12:00pm-1:00pm	N/C
	Telephone and Internet Scams, Identity Theft, and Medical Identity Theft	Dr. Don Smith, Jr.	Wednesday	January 29	1:30pm-3:30pm	N/C
	Adult Beginner Swimming (Fit Life)	Janice Hoaglund	Tuesdays/ Thursdays	Feb 4, 11, 13, 18	1:00pm-2:00pm	\$15 Single/ \$25 Couple
	Planning for Unexpected Life Events/ Scams that Target Homeowners	Dr. Don Smith, Jr.	Wednesday	February 5	1:30pm-2:30pm	N/C

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	Arranging Supermarket Flowers into a Hand-Tied Bouquet	Brent Breland	Wednesday	February 12	1:30pm-3:30pm	N/C-Bring your own flowers
	Air Fryer Cooking	Amy Walsh	Thursday	February 13	1:30pm-3:30pm	N/C
	Budgeting on a Fixed Income	Dr. Don Smith, Jr.	Wednesday	February 19	1:30pm-3:30pm	N/C
	Spring Wreath Class	Kelly Hart-The Flower Nook	Tuesday	February 25	1:30pm-3:30pm	\$50
	Beginner Course Making Homemade Herbal Salve from Scratch	Sharon Honea	Wednesday	February 26	1:30pm-3:00pm	\$15
	What Part Does "Forgiveness" Play in Our Wellness Journey	Dr. Bente Johnson	Thursday	February 27	3:00pm-5:00pm	\$10
	Computer 101	Dr. Don Smith, Jr.	Wednesday	March 5	1:30pm-3:30pm	N/C
	Busted Canvas Art	Cynthia Wilkinson	Tuesday	March 18	1:30pm-3:30pm	\$15
	Digital School: How to Use Facebook Effectively	Dr. Don Smith, Jr.	Wednesday	March 19	1:30pm-3:30pm	N/C
	Glass in a Flash	Pearl River Glass-Jackson, MS	Thursday	March 27	8:00am-3:30pm	\$55
	Salt-Free Spice Blends	Amy Walsh & Cynthia Wilkinson	Wednesday	April 2	1:30pm-3:30pm	N/C

CLASS OFFERINGS REGISTRATION PAGE

Place a check ✓	<u>Class</u>	<u>Instructor</u>	<u>Day(s) of the Week</u>	<u>Date(s)</u>	<u>Times</u>	<u>Cost of Class</u>
	Aromatherapy for Wellness Purposes	Dr. Bente Johnson	Thursday	April 3	3:00pm-5:00pm	\$10
	Making Lower Sugar Jams & Jelly	Amy Walsh	Tuesday	April 15	1:30pm-3:30pm	N/C
	Pottery Class -HF Studios (McComb)	Hillary Freeman	Wednesdays	April 16, 23, 30 May 7, 14	2:00pm-4:00pm	\$100

Name					Payment by	<input type="checkbox"/>	Cash	<input type="checkbox"/>	Check #	
By Credit Card	<input type="checkbox"/>	Visa	<input type="checkbox"/>	Mastercard	<input type="checkbox"/>	Other	<input type="checkbox"/>	Name on Card		
Card Number					Exp. Date			Security Code		
Signature										

TRAVEL

<u>Place a check</u> ✓	<u>Travel Destination</u>	<u>Dates</u>	<u>Trip Price Per Person</u>
	Purvis, MS-Alex Ladner Paint Studio "Class"	Thursday Jan. 30	\$65 (Lunch on your own)
	Avery Island, LA-Tabasco Tour/ Jungle Gardens	Thursday Feb. 20	\$45 (Lunch on your own)
	Slidell, LA-Honey Island Swamp Tour & The Chimes-Covington for Lunch	Thursday March 20	\$55 (Lunch on your own)
	Jackson, MS-Glass in a Flash "Class"	Thursday March 27	\$55 (Lunch on your own)
	Kentucky & Ohio-Ark Encounter/Creation Museum/Cincinnati Museum Center	Mon-Sat April 7-12	\$775 5 Nights/6 Days
	Laurel, MS-Landrum's Homestead & Village	Thursday April 24	\$45 w/Lunch included
Total Travel			

Name		Payment by			Cash	Check #	
By Credit Card	<input type="checkbox"/>	Visa	<input type="checkbox"/>	Mastercard	<input type="checkbox"/>	Other	Name on Card
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TRIP: ALEX LADNER ART STUDIOS-PURVIS

DATE: THURSDAY, JANUARY 30

COST:\$65 W/LUNCH ON YOUR OWN

**DEADLINE: THURSDAY, JANUARY 23RD OR
WHEN MAX OF 24 IS BOOKED**

WE WILL PAINT A SMALL DOUGH BOWL.



8:00 a.m.	Depart SMCC Regional Workforce Training Center
10:00 a.m.	Arrive at Southern Oaks/Alex Ladner Studios
12:30 p.m.	Lunch-Movie Star Restaurant/Hattiesburg
3:30 p.m.	Arrive at SMCC

TRIP: AVERY ISLAND, LA

DATE: FEBRUARY 20 , 2025

COST: \$40 W/LUNCH ON YOUR OWN

DEADLINE: FEBRUARY 13TH OR WHEN MAX OF 36 IS BOOKED FULL



TABASCO®
BRAND



Experience the history and production of our world-famous hot sauce on Avery Island, Louisiana. The Avery Island Fan Experience includes a self-guided tour of the TABASCO® Museum, Pepper Greenhouse, Barrel Warehouse, Avery Island Conservation, Salt Mine diorama, TABASCO Country Store®, TABASCO® Restaurant 1868! and the 170-acre natural beauty of Jungle Gardens.

7:30 a.m.	Depart SMCC Regional Workforce Training Center
11:00 a.m.	Arrive-Lunch at Tabasco Restaurant 1868 (on your own)
12:00 p.m.	Tour Tabasco Museum and then drive thru Jungle Gardens
2:30 p.m.	Depart to travel back
6:00 p.m.	Arrive back at SMCC

TRIP: SLIDELL, LA-HONEY ISLAND BOAT TOUR

DATE: THURSDAY, MARCH 20

COST: \$55 W/LUNCH ON YOUR OWN

DEADLINE: TUESDAY, MARCH 4TH OR MAX OF 28 SPOTS



Honey Island Swamp Tours has provided unique, interpretative boat tours since 1982. Our personal wildlife tour appeals to the majority of the population and, in particular, to those people who enjoy getting back to nature. We continue to enjoy showing our guests from around the world our unique environment.

9:30 a.m.	Depart SMCC Regional Workforce Training Center
11:00 a.m.	Lunch-The Chimes in Covington
1:30 p.m.	Arrive for Honey Island Swamp Boat Tour
3:15 p.m.	Depart for SMCC
5:30pm	Arrive at SMCC

TRIP: GLASS IN A FLASH CLASS & TOUR

DATE: THURSDAY, MARCH 27

Cost: \$55 w/LUNCH ON YOUR OWN

DEADLINE: MARCH 24TH OR MAX OF 24 SPOTS



Over the years, Pearl River has been a leader in expanding the uses of stained glass beyond the religious presentation to include abstract as well as more realistic images for architectural installations. As a result, our varied list of clients include not only churches, but architects, designers, and builders.

We will tour the Pearl River Glass Studio prior to our GLASS IN A FLASH Class. The studio is known for making the most beautiful stained-glass windows. Be sure to visit their website: pearlriverglass.com

8:00 a.m.	Depart SMCC Regional Workforce Training Center
9:30 a.m.	Arrive Pearl River Glass Studio
1:30 p.m.	Lunch at Newk's-Byram
3:30 p.m.	Arrive at SMCC

TRIP: ARK & CREATION MUSEUM

DATE: Monday, April 7-Saturday, April 12

Cost: \$775 (Based on double-occupancy)

DEADLINE: FEBRUARY 6TH OR MAX OF 50 SPOTS

SOUTHWEST MISSISSIPPI COMMUNITY COLLEGE (ILR) PRESENTS

The Ark Encounter & Creation Museum



INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 5 nights lodging including 3 consecutive nights in the Cincinnati area
- ◆ 8 meals: 5 breakfasts and 3 dinners
- ◆ Admission to the Stunning – ARK ENCOUNTER!
- ◆ Admission to the Famous CREATION MUSEUM
- ◆ Admission to the CINCINNATI MUSEUM CENTER, including an OMNIMAX SHOW

and much more

\$775*

6 Days 5 Nights

*PER PERSON, DOUBLE OCCUPANCY

**(Mon - Sat)
Apr 7 - 12
2025**

Departure: SMCC Regional Workforce Training Center, Summit, MS @ 8 am

Day 1: Depart your group's location in a spacious, video and restroom equipped Motorcoach and set off on your exciting trip! Tonight, settle into a comfortable en route hotel for a good night's rest.

Day 2: Today after a Continental Breakfast, you'll arrive in your destination. Later that day, enjoy a relaxing Dinner and check into your accommodations in the Cincinnati area for a three-night stay.

Day 3: Start the day with a Continental Breakfast before the big event you've been waiting for: THE ARK ENCOUNTER! Bigger than imagination, this life-sized Noah's Ark Experience will amaze you. The Ark Encounter features a full-size Noah's Ark, built according to the dimensions given in the Bible. Spanning 510 feet long, 85 feet wide, and 51 feet high, this modern engineering marvel amazes visitors young and old. From the moment you turn the corner and the towering Ark comes into view, to the friendly animals in the zoo, or the jaw-dropping exhibits inside the Ark, you'll experience the pages of the Bible like never before. This evening, enjoy Dinner before heading back to your hotel.

Day 4: Start the day with a Continental Breakfast before you head to The Ark Encounter's sister attraction: THE CREATION MUSEUM. Prepare to believe as you explore 75,000 square feet of state-of-the-art exhibits, full-size Allosaurus skeleton, stunning botanical gardens, petting zoo, and more. The state-of-the-art Creation Museum allows you to venture through biblical history. Tonight, enjoy a Dinner Party with Entertainment!

Day 5: Today after a Continental Breakfast, you'll head to the CINCINNATI MUSEUM CENTER, a one-of-a-kind, multi-museum complex housed in Union Terminal, a historic Art Deco train station and National Historic Landmark. Your visit includes an admission to the Cincinnati History Museum, Museum of Natural History & Science, and an OMNIMAX Show. The Robert D. Lindner Family OMNIMAX® Theater takes you to places you can only imagine, as you immerse yourself in epic adventures in the five-story domed theater. This evening, relax at your en route hotel.

Day 6: Today, after enjoying a Continental Breakfast, you depart for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!



View from Inside the Ark Encounter



Visit to the Amazing Creation Museum!



Enjoy a visit to the Famous Ark Encounter!



Incredible Cincinnati Museum Center, including an Omnimax Show

ADD SOME PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive Travel Confident® Protection Plan. See separate advertisement...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$229 for single occupancy. Final Payment Due: 2/6/2025

FOR INFORMATION & RESERVATIONS CONTACT:

**Loran Gerald @ (601) 276-3836
or (601) 276-3842**

Full payment by February 6, 2025

Diamond Tours^{inc.}
Bringing Group Travel to a Higher Standard®

Fla. Seller of Travel Ref No. ST32973.

TRIP: LANDRUM'S HOMESTEAD & VILLAGE

DATE: THURSDAY, APRIL 24TH

Cost: \$45 WITH LUNCH INCLUDED

(Dressed Hamburger, Chips, Drink & Brownie)

DEADLINE: MARCH 24TH OR MAX OF 24 SPOTS



Nestled in a pecan grove on Mississippi soil, Thomas Landrum and his family built a village. They believed future generations would benefit from seeing how their ancestors lived. Board by board...and nail by nail, they built a replica of a late 1800's settlement. Neighbors became curious...and wanted their families to see the village, too. In response to their interest, Thomas Landrum and his family opened the village to the public.

Today Landrum's Homestead & Village, located in Laurel, Mississippi, is a destination for people across the United States who want to take a step back in time. The Landrum family invites you to come take a walking tour of the past!

8:00 a.m.	Depart SMCC Regional Workforce Training Center
10:30 a.m.	Arrive at Landrum's Homestead & Village-Laurel
2:00 p.m.	Depart to travel back
4:00 p.m.	Arrive at SMCC

FALL 2024 MEMORIES

